



## STARTERS

<b>Salt and Pepper Chicken (GFA)</b> <i>Breaded chicken breast tossed in chilli, spring onions and peppers, served with a sriracha mayonnaise</i>	<b>£9.00</b>
<b>Soup of the Day (VE, GFA)</b> <i>Served with croutons, homemade focaccia bread and butter/margarine</i>	<b>£7.00</b>
<b>Salt and Pepper Halloumi (V, GFA)</b> <i>Breaded halloumi tossed in chilli, spring onions and peppers, served with a chilli jam and garlic mayonnaise</i>	<b>£8.50</b>
<b>White Wine and Nduja Mussels (GFA)</b> <i>Steamed mussels served in a creamy white wine sauce and topped with nduja sausage</i>	<b>£9.50</b>
<b>Cajun Corn Ribs (VE, GF)</b> <i>Deep fried sweetcorn, tossed in Cajun spices and topped with Cajun mayonnaise</i>	<b>£8.00</b>
<b>Prawns Pil Pil (GFA)</b> <i>King prawns cooked in olive oil infused with garlic, chilli flakes and smoked paprika, served with a side of crostinis</i>	<b>£9.50</b>
<b>Pork Belly Bites (GF)</b> <i>Slow confit belly pork pieces tossed in hoisin and Chinese five spice and topped with chilli, spring onions and sesame seeds</i>	<b>£8.50</b>
<b>Padron Peppers (VE, GF)</b>	<b>£4.50</b>
<b>Garlic and Rosemary Marinated Olives (VE, GF)</b>	<b>£5.00</b>
<b>Garlic Bread (VE)</b>	<b>£6.50</b>
<b>Mozzarella Garlic Bread (V, VE available)</b>	<b>£8.00</b>
<b>Tomato and Fresh Chilli Garlic Bread (VE)</b>	<b>£7.50</b>

*If you or any of your guests have an allergy or specific dietary requirement, please inform your server and our chefs will be happy to accommodate your needs.*

**V - Vegetarian | VE – Vegan | GF – Gluten Free | GFA – Gluten Free Available  
All Salt and Pepper Dishes contain MSG**

**All our dishes are produced in a kitchen which contains nuts**



## MAIN COURSES

**Salt and Pepper Steak Fries (GF) £22.50**

8oz seasoned rump steak (served medium rare) on a bed of salt and pepper fries tossed in chilli, spring onions and peppers, topped with chives, and served with a choice of sauce including:

**Peppercorn (dairy free on request)**

**Cowboy Butter**

**Diane**

**Blue Cheese**

**Salt and Pepper Flatbread £17.00**

**Choose from:**

**Chicken or Halloumi (V)**

Breaded halloumi or chicken tossed in chilli, spring onions and peppers, served on a toasted flatbread with rocket and chipotle mayonnaise  
Served with skinny fries

**Pan Fried Duck (GF) £22.50**

Pan fried duck breast with Bollinger potatoes, asparagus, carrot purée, served with a red wine jus

**Locally sourced Bier Battered Fish and Chips (GFA) £19.00**

Locally sourced bier battered fish served with chunky chips, minted mushy peas, tartare sauce and a lemon wedge

**Chicken Roulade £19.00**

Chicken breast rolled in pesto, sun blushed tomatoes and mixed cheese, served with a creamy spinach and wild mushroom orzo and topped with parmesan crisps

**Sticky Beef Noodles £17.50**

Crispy beef strips tossed in sweet chilli soy, served with egg noodles, beansprouts, peppers, and spring onions, and topped with chilli and sesame seeds

**Pan Roast Salmon (GF) £19.50**

Pan roast salmon with sweet potato mash, tender stem broccoli, beetroot purée, served with a lemon and caper butter

**Wild Mushroom and Spinach Orzo (VE) £16.50**

Sauteed wild mushrooms and spinach orzo

**Beetroot and Falafel Flatbread (VE) £17.00**

Beetroot and falafel served on a toasted flatbread with rocket, cucumber, roasted red pepper, sun blushed tomatoes and lime yoghurt  
Served with skinny fries

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## BURGERS

*All our burgers are served on a warm pretzel bun with lettuce, tomato and served with skinny fries and onion rings*

**Upgrade to Salt and Pepper Fries for £1.50**

**Upgrade to Sweet Potato Fries for £1.50**

**The Korean Chicken Burger (GFA) £18.00**

*Gochujang spiced chicken breast, served with spiced Asian slaw and Korean ketchup*

**The Short Rib Burger (GFA) £18.00**

*Two 4oz short rib beef patties, served with streaky bacon, applewood smoked cheese and chipotle mayonnaise*

**The Plant Burger (VE, GFA) £17.50**

*Plant based patty, served with vegan cheese and a cream celeriac remoulade*

## SALADS

**Chicken and Bacon Caesar Salad £15.50**

*Tender chicken breast, crispy bacon, cos lettuce, croutons, parmesan cheese and a creamy Caesar dressing*

**Herby Quinoa and Feta Salad (V) £13.00**

*Herbed quinoa tossed with pomegranate, onions, diced beetroot, fresh mint, coriander, and parsley, drizzled in lemon juice*

**Thai Mango Salad (V, VE, GF) £13.00**

*Cos lettuce, mango, carrot, peppers, onion, topped with crushed nuts and dressed with a Thai dressing*

**Add 4oz Steak for £4.50**

**Add Cajun Chicken for £4.00**

**Add Cajun Corn Ribs (VE) for £4.00**

## TACOS

### **BUILD YOUR OWN**

*All our tacos are served with soft flour tortillas, cheese, shredded lettuce, pico de gallo, sour cream, guacamole, and a charred lime*

**Choose from:**

**Tempura King Prawns £16.50**

**BBQ Pulled Pork £15.50**

**Beetroot and Falafel Balls (V, VE available) £15.50**

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## SANDWICHES

**SERVED BETWEEN 12PM AND 5PM EVERY DAY**

*All our sandwiches are served warm on a soft baguette with coleslaw and skinny fries. (GFA for all sandwiches)*

**Upgrade to Salt and Pepper Fries for £1.50**

**Upgrade to Sweet Potato Fries for £1.50**

**Add a Bowl of Soup for £2.00**

**Grilled Chicken Caesar** **£11.50**

*Grilled chicken, baby gem lettuce, parmesan, and a Caesar dressing*

**Steak and Peppercorn Mayonnaise** **£12.50**

*Rump steak, caramelised red onion and a peppercorn mayonnaise*

**Fish Goujon and Tartare** **£10.50**

*Battered fish goujons, baby gem lettuce and tartare sauce*

**Avocado Hummus and Wild Mushrooms (VE)** **£9.50**

*Avocado hummus, wild mushrooms and spinach*

**Brie and Chilli Jam (V)** **£10.50**

*Creamy brie, rocket and chilli jam*

**Salami, Chorizo and Ham** **£12.50**

*Salami, chorizo, ham and smoked applewood cheese*

**Smoked Salmon and Soft Cheese** **£12.00**

*Smoked salmon, soft cheese and rocket*

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## PIZZAS

*All our pizzas are hand-made to order and brushed on the edges with garlic oil for an extra crunchy crust. Gluten free available on all pizzas. Dairy free available on all pizzas*

<b>Margherita (V, VE available on request)</b> <i>Rich roasted tomato sauce and mozzarella</i>	<b>£12.00</b>
<b>Pepperoni</b> <i>Rich roasted tomato sauce, mozzarella and pepperoni</i>	<b>£14.50</b>
<b>Vegetarian (V, VE available on request)</b> <i>Rich roasted tomato sauce, peppers, mushrooms, spinach, onions and olives</i>	<b>£13.50</b>
<b>Meat Marvel</b> <i>Rich roasted tomato sauce, mozzarella, pepperoni, ham, chicken and salami</i>	<b>£15.00</b>
<b>Four Seasons</b> <i>Rich roasted tomato sauce, ham, peppers, mushrooms and olives</i>	<b>£13.50</b>
<b>Tuna Melt</b> <i>Rich roasted tomato sauce, mozzarella, tuna, sweetcorn and red onions</i>	<b>£13.50</b>
<b>Southern Spice</b> <i>Rich roasted tomato sauce, mozzarella, nduja, salami, sweet peppers and chilli</i>	<b>£15.00</b>

## SIDES & SAUCES

<b>Seasoned Fries (VE, GF) £4.50</b>
<b>Chunky Chips (VE, GF) £4.50</b>
<b>Salt and Pepper Fries (VE, GF) £5.00</b>
<b>Sweet Potato Fries (VE, GF) £5.00</b>
<b>Onion Rings (V, GFA) £5.00</b>
<b>Creamed Spinach (GF, Dairy Free Available) £4.50</b>
<b>Side Salad (VE, GF) £4.50</b>
<b>Peppercorn Sauce (GF) (dairy free on request) £4.00</b>
<b>Blue Cheese Sauce (GF) £4.00</b>
<b>Cowboy Butter (GF) £4.00</b>
<b>Diane Sauce (GF) (dairy free available on request) £4.00</b>

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